

Northwind News

Since 1977 Northwind Natural Foods Cooperative September 1996

"Eat Healthy. . . Be Healthy. . . . Feel Better"

932-3547

Shop Thursday Evenings Until 7:00

Member Notice

General Membership Meeting & Potluck Lunch Sunday, September 22, 12:00 Noon

Northwind Natural Foods Co-op officially announces to its members that the annual General Membership Meeting (GMM) will be held on Sunday, September 22, 1996 at the Ironwood Senior Citizens Center, 104 S. Lowell Street in Downtown Ironwood. The pot luck lunch starts at 12:00 noon with the Business meeting following at about 1:00 pm. Exercise your rights as a co-op member by attending the GMM.

The Board of Directors is recommending one change to the Bylaws this year in ARTICLE IV, Section 3: That the annual membership renewal fee be increased from \$5.00 to \$10.00. This change will be offered to the membership for discussion and a vote. Other proposed changes, if any, will be accepted from the floor at the meeting.

There will also be elections of members to the Board. Most members of our present Board have terms that expire this year and some have said they will not be serving another term at this time. If you have a genuine interest in the co-op, enjoy problem solving with friends, and can spare a little time won't you consider helping the store by joining the Board?

Board of Directors

Terry Dunham, president	932-6014
Tim Feldt, treasurer	932-3547
Larry I. Sands, vice president	561-2880
Jeanne Santini	932-0276
Debi Toth	932-0988
Zona Wick, secretary	561-3009

Regular monthly Board meetings are generally held the first Wednesday of each month at 5:pm. Confirm all dates and times with the store.

Manager's Report

--Linda Grawn, store manager

It is difficult to believe that we are planning fall and winter sales at this writing! Wasn't it just a few minutes ago that we were all looking forward to the long, lazy days of summer? Well a school bus just passed the store a few minutes ago as testament that summer's over. . . .

Our thoughts turn to the cozy comforts of the Autumn in all it's fresh crispness and brilliance. The sights, sounds, and AROMAS of autumn are all about nature's bounty and nestling-in and getting ready for the long winter.

With that in mind, let us remind you of the products available at Northwind Co-op:

* Dill Weed, Dill Seed, Mustard Seeds, Ground Mustard, Turmeric, Alum, Celery Seed, and Pickling Spice.

* Cereals & Juice! We have an enormous selection of both to help your student and yourself off to a great day.

* Frozen entrees and side dishes to help you get those hectic dinners healthily complete in a quick and satisfying way.

* BREAD!!! We now feature the great natural products of several great bakeries: Natural Ovens of Manitowac, WI; Great Harvest Bread Co. of Fargo, SD; Nature's Bakery of Madison, WI; and as always we offer the line of Ener-G bread and French Meadow.

* Bread making (and baking) supplies are in abundance here at the Co-op to ensure that your efforts will be richly rewarded.

Looking ahead, let us remember that September is National Organic Harvest Month and October, of course, is National Co-op Month!

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Be sure to stop in the Co-op often to stay abreast of the many promotions and sales we are planning.

I want to welcome the following new members to the Co-op Community: Dr. Joseph and Jane McGuire, Jackie McGowan, Greg Hochschild, Cheryl Ritter, Patricia Pierce, Paul Olson, Vicki Sleight, Don Scherrer, Jan Minier, and Frances McCarthy.

--Be Well!--

July Board Meeting Minutes Condensed

--Zona Wick, secretary

--Alan Newman, president of the Ironwood Chamber of Commerce made a presentation on the benefits of the co-op becoming a member of the Chamber. No decision has been made yet.

--A vinyl banner was purchased by the co-op with our name, address and phone number on it. It will be used during community events such as Festival Ironwood.

--The annual General Membership Meeting was scheduled for September 22, 1996 at the Ironwood Senior Citizen's Center, like last year. A potluck will start at 12:00 noon and the meeting will be called to order at 1:00 pm.

--The Board is considering the purchase of a new display freezer and also a computer (we'll gladly take a donated computer, instead!).

August Board Meeting Minutes Condensed

--Zona Wick, secretary

--Store Manager Linda Grawn presented the proposed 1996/97 budget.

--Pros & cons of Ironwood Chamber of Commerce membership were reviewed. The cost is \$110.00 per year.

--Proposed By-Laws changes were discussed. The Board will recommend increasing the Annual Renewal Fee to \$10.00 per membership.

--Festival Ironwood was a strain on staff and money even though it was an improvement over last year. If volunteers are not found for Festival '97 the co-op may not be able to participate next year. **Are You Listening, Members?**

Northwind News is published by Northwind Natural Foods Cooperative, Inc. for its membership. Letters to the Editor and other contributions are encouraged. Typed copy is much appreciated. Please include your name and telephone number. Deliver or mail submittals to the store. Please notify us if you change your mailing address. This issue's editor: Larry I. Sands

Treasurer's Clarification

--Tim Feldt, treasurer

At the 1995 GMM the proposed By-Law change to raise the annual renewal fee from \$5.00 to \$10.00 was voted down. Some members raised objections that essentially boiled down to "What are we getting for our money." This is an attempt to explain what you are getting.

For the first three quarters (9 months) of our current fiscal year the Co-op has given member



Newsletter Ads

To help cover newsletter expenses we are accepting a limited number of small business ads for the newsletter. We hope there will be support for the newsletter from co-op members who have their own businesses or professional services. The cost is very low at only \$10 for a business card size ad. Contact the Editor to place your ad.



Black River Pottery

Monday - Friday: 8 am - 4 pm
Saturday, Sunday and evenings: by appointment

Nancy Ramsay, Potter
(906) 932-4038 or 932-1093

MAINTENANCE-REMODELING-REPAIR
PAINTING-WALLPAPERING-DECORATING
JANITORIAL SERVICES-CARPET DRY CLEANING

AMERICAN BUILDING SERVICES

"SINCERE QUALITY WORK"

RESIDENTIAL-COMMERCIAL
MICHIGAN LICENSED CONTRACTOR

LARRY I. SANDS
715-561-2880

RT. 1, Box 185
HURLEY, WI 54534

Nigheanag Croft

Sherri Schwenke & Russ Dawson

Organically raised BEEF & PORK

For Sale by the

1/2 or 1/4

E4991 Lake Rd
Ironwood, MI 49938

Phone: 932-1487
email: dawson@np.lib.mi.us

⇨⇨⇨ discounts totaling \$1527.84. Newsletter printing and postage have totaled \$770.00 for a grand total of \$2297.84. During the same time period new member fees and renewal fees have totaled only \$1065.00. Therefore the members have taken OUT \$1232.84 more than they have put into the store in nine months.

I hope this clears up any misconceptions members might have about annual membership rates.

President's Message

--Terry Dunham, board president

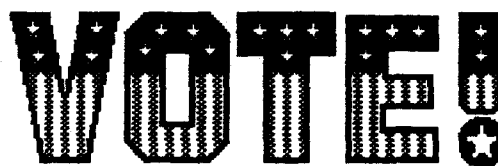
Greetings to all co-op members and prospective members. Fall is a busy time for Northwind with the wind down of summer and summer merchandise, the preparation for Fall and Winter products and promotions, and planning for our General Membership Meeting. In case anyone doesn't know, the GMM is our time each year to get the co-op membership together as a group, discuss the business, vote in new board members and vote on any proposed changes to the co-op's By-Laws. The By-Laws can only be changed by you, the members/owners of Northwind, and new directors can only be voted in to office by you. Thus it is very important for as many members to attend the GMM as possible. As the president of Northwind's board of directors, I look forward to the GMM as a time to get feedback from our members, to meet new members, and to explain changes and progress at Northwind. So, please, make the time to attend our GMM -- the food at the potluck is great, too!

Speaking of changes at Northwind, most of you have probably met our new store manager, Linda Grawn. Linda joined us in April and has worked hard to learn the ins and outs of managing the store. She's been great to work with and a fast learner. The GMM will be the perfect time to spend a few minutes to get to know her! Also, now that Linda has had time to acclimate to the job she'll be looking for volunteers to do everything from creating attractive window displays to bagging and labeling products. Stop in the store and let Linda know your special talents!

If your talents lie in the areas of planning, marketing, accounting or other business skills, consider duty as a board member. We also welcome people on the board with plain common sense and good ideas! Board duties consist of monthly meetings and some additional workshops in which we work with our manager to plan Northwind's future. We tackle budget, personnel, product policy, marketing, and many other aspects of the co-op business. It's

challenging and rewarding work.

Finally, I would like to congratulate Northwind's former manager, Roger Margason, on his new job at Gogebic Community College. Thanks for your hard work at Northwind and best of luck in your new pursuit!



EXERCISE YOUR BASIC RIGHT OF DEMOCRACY ON NOVEMBER 5. DO YOUR PART BY PARTICIPATING IN YOUR GOVERNMENT AT THE NATIONAL, STATE, COUNTY AND LOCAL LEVELS.

VOTE EARLY, VOTE OFTEN.

"FOR SALE"

--Zona Wick, secretary

The Co-op needs more membership involvement. The Board, the Manager, and a handful of dedicated volunteers cannot continue to run the store alone. We need your participation in planning for the future of the co-op, product policy decisions, layout of the store, marketing plans, all those things needed to keep our current customers satisfied and bring in new customers. Along with the everyday stuff like bagging bulk items and window dressing. Too many of these important decisions are being made by the Board members only -- and they need help!

The time has come to become an active member of your co-op. Join the Board or if you can't attend monthly meetings, at least sit in on one or two of them and let us hear from you.

Before the Board makes a decision that may affect the very existence of your co-op, speak up and get involved! How would you feel if the next time you came to shop there was a big "BUSINESS FOR SALE" sign in the window?! **Are You Listening, Members?**

food forethought

--Larry Sands, editor

>>**Holy Cow!** Mark your calendars right now so you don't miss out on this year's General Membership Meeting & Potluck Extravaganza, Sunday, September 22, starting at 12 noon.

>>**Linda** could use two volunteer clerk-trainees for morning or afternoon shift to free up some of her time for other manager duties. Got any extra time?

>>**October is Co-op Month** all across the country and at Northwind Co-op October 1st is the beginning of a new fiscal year so we always celebrate by renewing our memberships. Because the annual renewal fee may change at the GMM on September 22, we will not be accepting renewals this year until Monday, September 23.

>>**The Co-op** is looking for someone to take over as editor of the Newsletter. The present editor has been at it for four years and has simply run out of time to continue. If you have the interest, the time and the computer give the Board a call and talk it over.

>>**It looks** as if the monthly WorkBees on Sunday mornings have been discontinued due to lack of participation on the part of the membership. These were good times for the participants, and productive too but you can't get blood from a turnip and you sure can't force co-op members to cooperate if they don't want to. A co-op develops and prospers only to the extent that its members help out and participate in that development.

>>**Take an extra** three minutes next time you're in the store to glance at some of the many new products Linda and Jody are adding to the inventory. Our product mix is constantly expanding so always take a little extra time when shopping to consider trying sometime new!

>>**Keep up-to-date** on your co-op's progress by reading the minutes of Board of Directors' meetings on the store bulletin board. Better yet, join the fun by attending a meeting!



Northwind Natural Foods Cooperative, Inc.
210 South Suffolk Street
Ironwood, Michigan 49938
906-932-3547

<p>STORE HOURS Monday thru Friday 9:00 to 5:30 Thursday: Open til 7:00 pm Saturday: 9:00 to 4:30 Sunday: closed</p>
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LARRY SANDS 797
RT 1 BOX 185
HURLEY WI 54534

"Ironwood's Specialty Grocery Store"